

Bridge to Bridge

River Track Fun Run & Walk



**3km &
11.5km**

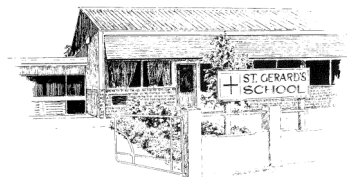
Run or Walk

**Sunday 18th September
2011**

An off-road course along the Clutha River
Track from Clyde to Alexandra.

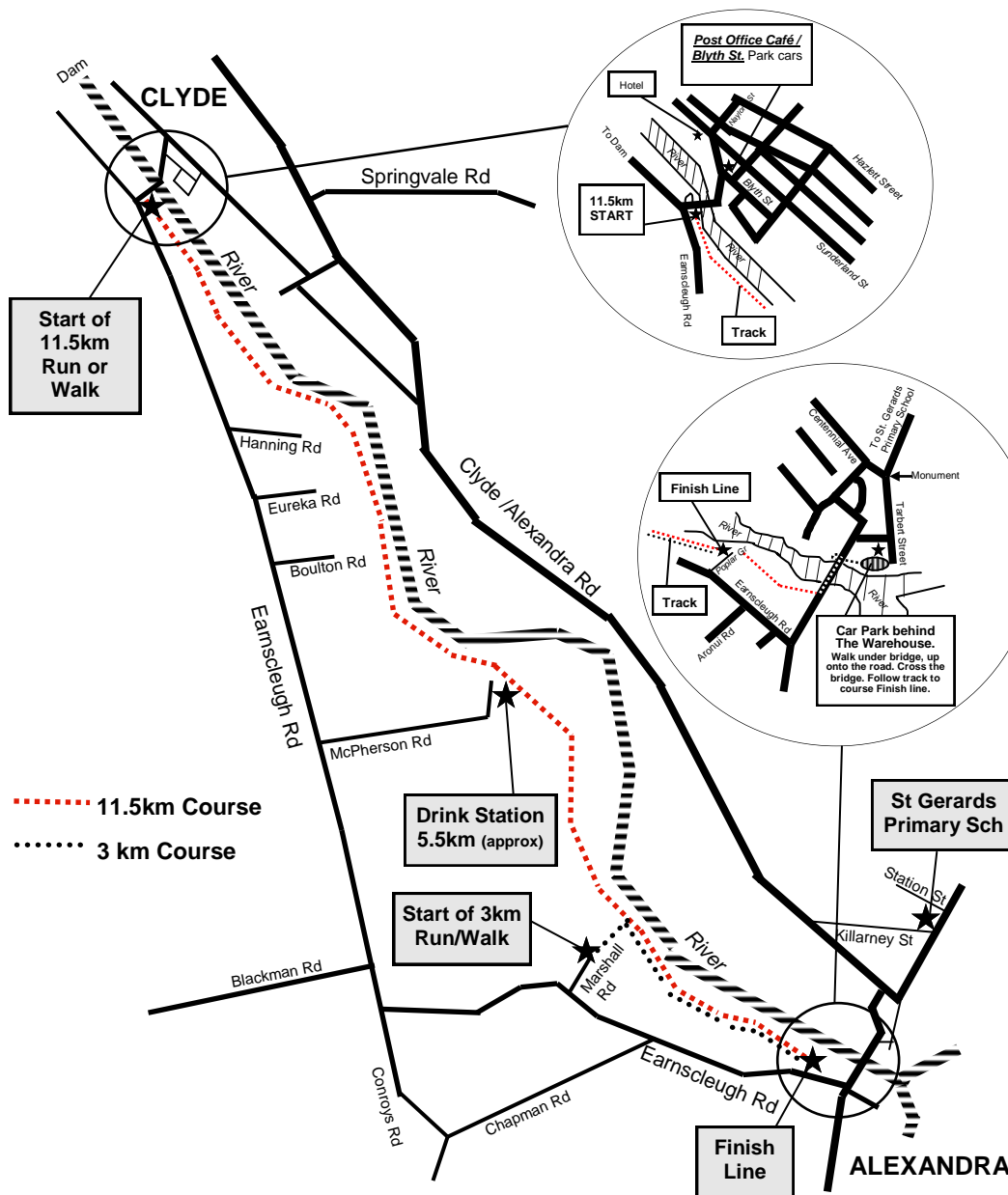
GIVE IT A GO!

A non-competitive event the
whole family can take part in!

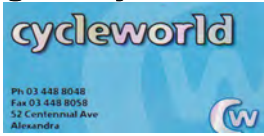


Entries close Wed. 14th Sept.

St Gerard's Primary School PTA
Fundraising event.



Sponsorship very gratefully received from:



- Breens Construction
- Health 2000
- Fulton Hogan Central
- Sport Central
- Alex New World
- ENZA
- More FM
- Sort It Computers

ENTRY FORM

(One form per participant please - NOT A TEAMS EVENT)

First Name: Surname:.....

Address:

Email: Phone:

Male / Female (delete) DOB (If U16 yrs)/...../.....

Entry Fees:			Tick		Start Time:
11.5 km Fun Walk	Adults	\$20	<input type="checkbox"/>	\$.....	11 am
11.5 km Fun Walk	School Age	\$10	<input type="checkbox"/>	\$.....	11 am
11.5 km Fun Run	Adults	\$20	<input type="checkbox"/>	\$.....	12.00pm
11.5 km Fun Run	School Age	\$10	<input type="checkbox"/>	\$.....	12.00pm
3 km Fun Run/Walk	Adults	\$10	<input type="checkbox"/>	\$.....	12.00 pm
3 km Fun Run/Walk	School Age	\$5	<input type="checkbox"/>	\$.....	12.00 pm
3 km Fun Run/Walk	Under 5yrs FREE		<input type="checkbox"/>		

Strollers welcome. All entered participants will receive a light lunch at the prize giving.

\$5 Late Entry Fee (Entries received after Wed. 14th Sept.) \$.....

TOTAL: Enclosed / Deposited \$.....
(Delete one)

Transport:

Some transport will be available to take participants to the start of the 11.5km Fun Run or Walk, departing from St. Gerard's Primary School by 10.40am for the walk, and by 11.40am for the run.

- I require transport to the start of the 11.5KM event? Yes / No

- I require transport from the finish line back to St Gerards Primary Sch. for the prize giving? Yes / No

Declaration:

I acknowledge that I participate at my own risk. In acceptance of my entry, I hereby release and discharge the St Gerards Primary School, all sponsors and volunteers from all claims for injuries and damage I may suffer caused by negligence of any of them, arising out of my participation. I accept all rules and conditions and will comply with them.

Signature:

(If 16 yrs or under, Parent or Caregiver must also sign)

Return completed & signed entries to:

Post: Fun Run/Walk, St. Gerards Primary School, P O Box 196, Alexandra.

Fax: (03) 4486410 or Email: funrun@paradise.net.nz

Cheques payable to: St Gerards PTA Committee

Internet Banking: 03 1733 0005065 00 Ref: Fun Run Code: Your Name

Event Information / Enquiries:

Email: dennys00@paradise.net.nz

Phone: Maree - 03 4486805 or 0274 794 795

Event Information

REGISTRATION:

All participants must register between 9.30am and 10.30am the morning of the event, (Sun. 18th Sept. 2011) in the 'Event Tent' at St. Gerards Primary School. (Station St on sports field.)

EVENT BRIEFING:

All event starts will be have a compulsory race briefing, 10 minutes before the start time.

EVENT RULES:

- All participants must obey the instructions given by race officials/marshals, follow the course as sign posted and set out on the entry form map.
- No animals to accompany athletes.
- No support cyclists or non-entered runners/walkers to follow participants.
- No iPods etc to be worn by participants so you can hear others persons approaching.
- Care must be taken if passing others on the board walks/foot bridges along the track.

TOILETS: Portable toilets will be available at the start and finish of each event.

3km EVENT:

Starts at the car park entrance to the River Track off Marshall Rd (off Earnsclough Rd). Approximately 500m from the carpark, turn right onto the River Track. A marshal will direct you. 2.5km of basically flat track with one small incline to the finish line.

11.5km EVENTS:

Start is at the Clyde end of the river track. There is limited parking space, please get promptly dropped off on Earnsleugh Road near the entrance to the track, or get dropped off at the top of the Clyde hill (Near Post Office Café) and walk to the start. Cross the bridge, turn to right and follow road around under the bridge to the start (Approx 500m — A nice warm up!) The track is basically flat with undulating gentle rises in places. A water station will be set up at approximately the 5.5km area.

EVENT FINISH LINES:

All events finish at the Alexandra end of the River track. As there is very limited parking space the car park will be closed off to support/pick up vehicles. We will have some mini van transport taking finished participants back to St Gerards for the prize giving. We ask support persons/pick up vehicles to either park carefully on the side of Earnsclough Road, or in the Warehouse Car Park over the bridge and walk to the finish line. (Approx. 500m. See Map)

PRIZES: Will be given to the 1st & 2nd Male runner, 1st & 2nd Female runner.

Note: There will be no placing prizes for the 11.5km Walk as we can not monitor if participants 'run' some of the course. This is why we have listed it as a 'non-competitive' event along with the 3km event. Therefore you are welcome to run some of the course if want to.

PRIZE GIVING:

Prize giving will be held at St Gerard's Primary School as soon as the last participants have finished. (Approximately 2pm). All participants are entitled to a light lunch which will be available any time from 1pm (Show your race number). Other BBQ food and drinks will be available for purchase for support persons and spectators etc. Tea & Coffee provided.

Participants must be present to collect their Spot Prize if their number is drawn.

WITHDRAWALS/LATE Entries & Results:

No refund of fees for withdrawals made after 5pm on Friday 16th September.

Late entries will be accepted on the morning of the event with a \$5 Late Fee Charge.

We will aim to take Times for participants, but we can not guarantee 'accurate' timed results will be taken/available.